

# Celebrating 5 Years of CARE!



A milestone made possible by YOU.



<https://careregistry.ucsf.edu/>

Established: October 15, 2020

## 2025 Executive Summary

CARE Registry has

**15,105** participants  
(as of Sept 22, 2025)

Because of your participation,

CARE supported **107** health research studies!



### Mission

To improve research participation and address Alzheimer's disease, aging, caregiving, and other related health issues in Asian American, Native Hawaiian, and Pacific Islander communities.



### Why it matters!

- **Less than 1%** of awarded funding between 1992 - 2018 from the National Institutes of Health (NIH) were for Asian American, Native Hawaiian, and Pacific Islander (AANHPI) research.
- When certain populations are not included in research, the findings may not be as applicable to everyone.
- But that can change! **With your help**, we are actively increasing participation from **AANHPI communities in health research**, and this is just the beginning.

## Who enrolled in CARE?

Mean age **54.7 years**  
(Range: 18 – 103 years)



**62.6%** Female **0.2%** Other/Unsure  
**35.9%** Male **1.3%** Didn't know



**81.2%**  
Foreign-born



**45.1%** Has limited  
English proficiency



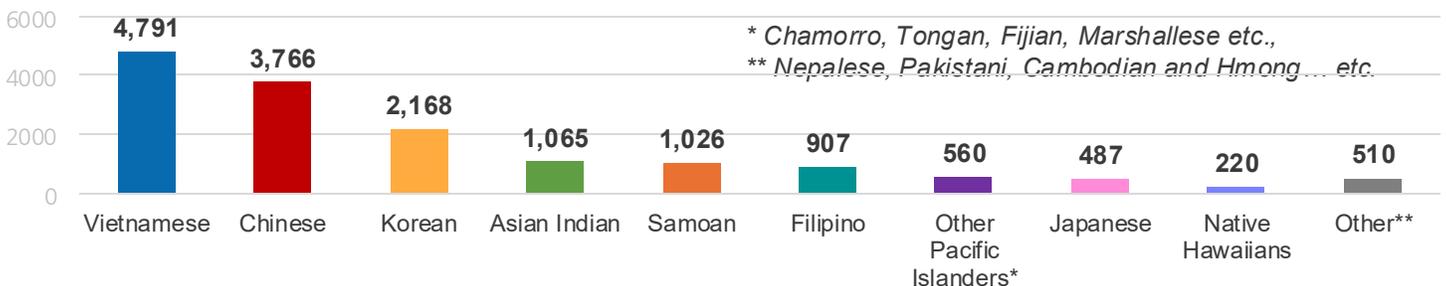
**83.2%**  
No prior research experience



**1/4** are caregivers

## 50+ AANHPI Cultural Groups enrolled

(Individuals may identify with more than 1 cultural group)



# How does the CARE registry work?

## PARTICIPANT (YOU)

### ENROLL IN CARE

You complete a brief survey to enroll in CARE

### SECURE DATABASE

Your information is saved in CARE's secure database\*

### WE MATCH YOU!

We connect researchers with participants who might be eligible for studies. You may be contacted by email, phone, text, or postal mail.

## RESEARCHER

### REFERRAL REQUEST

Researchers submit an application to CARE

### OBTAIN APPROVAL

Researcher gets approval to use CARE data from their Institutional Review Board\*\*

### YOU DECIDE IF YOU WISH TO PARTICIPATE

*There's NO cost to YOU or the RESEARCHERS*

\*CARE's database is HIPAA compliant, meaning it follows security measures to store protected health information.

\*\* An Institutional Review Board (IRB) is made up of qualified individuals who carefully review research involving human participants. They ensure that these studies are ethical, follow all laws, and protect participants' rights and safety.

## How has CARE made an impact in AANHPI populations' representation in research?

### Because of your participation in CARE,

We are able to support researchers in recruiting AANHPI participants for their studies.



recruitment referral requests received since January 2021.



studies received referrals from CARE.

38 more studies are in the preparation stage (e.g., awaiting IRB approval), and 22 did not receive support after consultation.

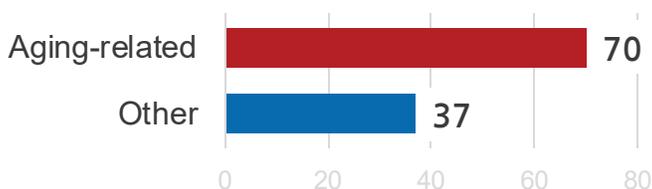


Nearly 17,400

referrals were made to CARE-supported studies.

Referral outcome findings will be available soon.

## Research Areas of CARE Supported Studies



70 (65.4%) of the requesting studies were aging-related, including Alzheimer's Disease and Related Dementias (ADRD) or caregiving studies.

Others focused on a wide range of topics including COVID-19, cardiovascular disease, cancer and mental health.



Learn more about CARE

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[linktr.ee/care\\_registry](https://linktr.ee/care_registry)