

Celebrating 5 Years of CARE!



A milestone made possible by YOU.



COLLABORATIVE APPROACH FOR
ASIAN AMERICANS, NATIVE HAWAIIANS &
PACIFIC ISLANDERS RESEARCH & EDUCATION

<https://careregistry.ucsf.edu/>

Established: October 15, 2020

2025 Executive Summary

CARE Registry has

15,105 participants
(as of Sept 22, 2025)

Because of your participation,
CARE supported **107** health research studies!



Mission

To improve research participation and address Alzheimer's disease, aging, caregiving, and other related health issues in Asian American, Native Hawaiian, and Pacific Islander communities.



Why it matters!

- **Less than 1%** of awarded funding between 1992 - 2018 from the National Institutes of Health (NIH) were for Asian American, Native Hawaiian, and Pacific Islander (AANHPI) research.
- When certain populations are not included in research, the findings may not be as applicable to everyone.
- But that can change! **With your help**, we are actively increasing participation from **AANHPI communities in health research**, and this is just the beginning.

Who enrolled in CARE?

Mean age **54.7** years
(Range: 18 – 103 years)



62.6% Female **0.2%** Other/Unsure
35.9% Male **1.3%** Didn't know



81.2%
Foreign-born



45.1% Has limited
English proficiency



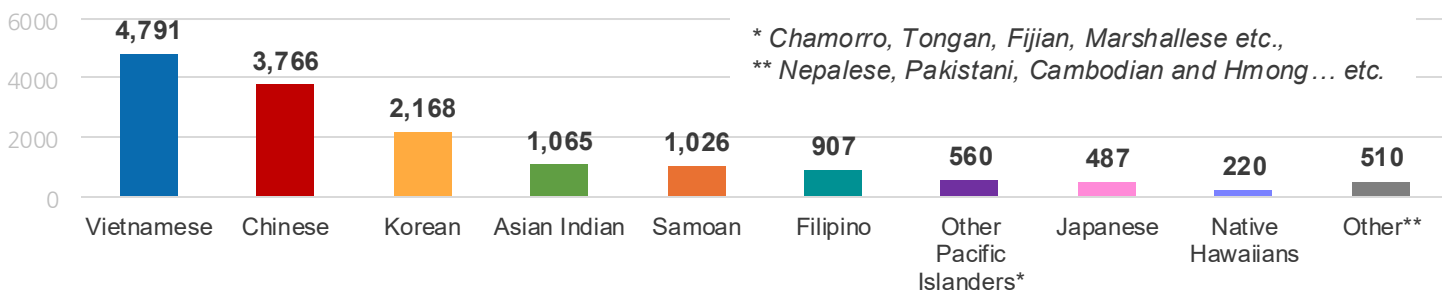
83.2%
No prior research experience



1/4 are caregivers

50+ AANHPI Cultural Groups enrolled

(Individuals may identify with more than 1 cultural group)



How does the CARE registry work?

PARTICIPANT (YOU)

ENROLL IN CARE

You complete a brief survey to enroll in CARE

SECURE DATABASE

Your information is saved in CARE's secure database*

WE MATCH YOU!

We connect researchers with participants who might be eligible for studies. You may be contacted by email, phone, text, or postal mail.

RESEARCHER

REFERRAL REQUEST

Researchers submit an application to CARE

OBTAIN APPROVAL

Researcher gets approval to use CARE data from their Institutional Review Board**

YOU DECIDE IF YOU WISH TO PARTICIPATE

There's NO cost to YOU or the RESEARCHERS

*CARE's database is HIPAA compliant, meaning it follows security measures to store protected health information.

** An Institutional Review Board (IRB) is made up of qualified individuals who carefully review research involving human participants. They ensure that these studies are ethical, follow all laws, and protect participants' rights and safety.

How has CARE made an impact in AANHPI populations' representation in research?

Because of your participation in CARE,

We are able to support researchers in recruiting AANHPI participants for their studies.



167

recruitment referral requests received since January 2021.



107

studies received referrals from CARE.

38 more studies are in the preparation stage (e.g., awaiting IRB approval), and 22 did not receive support after consultation.



Nearly **17,400**

referrals were made to CARE-supported studies.

Referral outcome findings will be available soon.

Research Areas of CARE Supported Studies

Aging-related

70

Other

37

0 20 40 60 80

70 (65.4%) of the requesting studies were aging-related, including Alzheimer's Disease and Related Dementias (ADRD) or caregiving studies.

Others focused on a wide range of topics including COVID-19, cardiovascular disease, cancer and mental health.



Learn more about CARE



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linktr.ee/careregistry

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