



# CARE Audio Story Project

*Share your story with us!*

We are looking for Asian Americans, Native Hawaiians, and Pacific Islanders to share their experience in diverse languages in any of the following:

- Having Alzheimer's or related dementias
- Having an aging-related condition
- Being a caregiver for persons with Alzheimer's, related dementia or aging-related condition

We can provide a \$25 appreciation gift card for your participation in this project.

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**Visit our website at:**

<https://careregistry.ucsf.edu/>



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## Purpose:

Stories about the experience of having Alzheimer's disease and related dementias (ADRD), cognitive impairment or memory loss, or caring for someone with such conditions are not commonly shared in certain cultures, including Asian Americans and Pacific Islanders (AAPI). As such, we are asking AAPI from different cultural backgrounds and languages to share their stories and experiences with us and their community.

**These stories will be shared with our AAPI community to help encourage AAPI to enroll on CARE's registry where they may be contacted to participate in potential research on ADRD, caregiving and aging-related conditions.**

## What We Will Ask of You:

- Record an audio clip of your experience.
- The audio clip should be about 5-10 minutes.
- You may use your phone, recording device, or laptop/computer to record. If you do not have one or know how to use one, a CARE staff can interview you by phone.
- We will provide you with some guiding questions to help you get started.
- Send us a photo of yourself and/or persons you are/were caring for in the story.
- With your consent (Media Release Form), we will feature your story on our website and in community outreach.