

# INFORMATION SHEET



## Our Purpose

CARE is a health research registry designed to connect Asian American, Native Hawaiian, and Pacific Islander (AANHPI) communities to opportunities to participate in health research

Some of the research focuses on cognitive decline, Alzheimer's disease and related dementias, aging, and caregiving-related topics



## What is research?

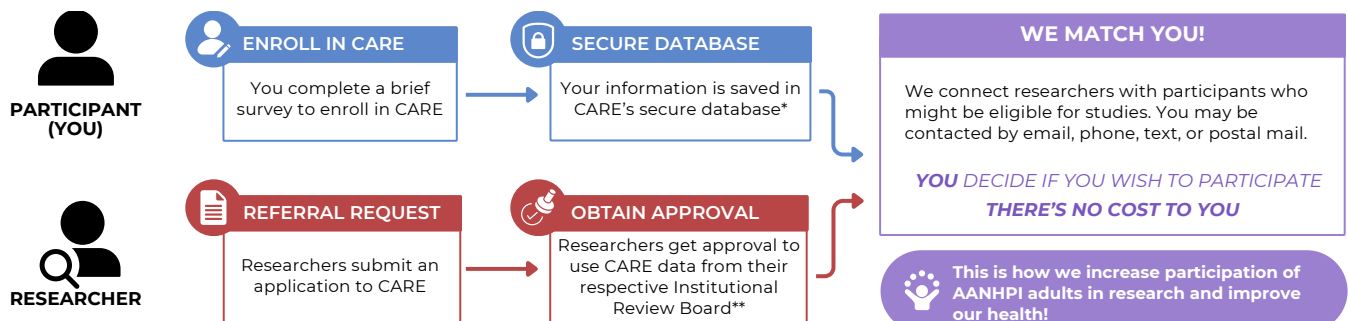
Research helps us understand and improve our health:

- by looking at how different habits affect us through observational studies
- by testing treatments in clinical trials

This helps us find new ways to prevent diseases and stay healthy.



## How CARE Works



\*CARE's database is HIPAA compliant, meaning it follows security measures to store protected health information.

\*\* An Institutional Review Board (IRB) is made up of qualified individuals who carefully review research involving human participants. They ensure that these studies are ethical, follow all laws, and protect participants' rights and safety.



## Are you eligible?

- Self-identify as an AANHPI adult
- 18 years old or older
- Able to read **or** speak one of the following languages: English, Chinese (Mandarin, Cantonese), Hawaiian, Hindi, Ilocano, Japanese, Korean, Samoan, Tagalog or Vietnamese
- Reside in the United States (US) or U.S. Associated Pacific Islands (USAPI)
- Willing to be contacted to participate in health research



## Some studies conducted so far...



Assembling the first large cohort for studying Alzheimer's disease genetics in older Asian Americans and Canadians.



Assessing the effects of COVID-19 on AANHPI health, healthcare access, caregiving, discrimination experience, employment/income, and social support and coping strategies.



Enhancing the health knowledge of Korean Americans, specifically in areas like healthy cognitive aging, dementia caregiving, and advanced care planning.



Understanding factors that impact thinking and memory in the Vietnamese American community.



Check out all our CARE-supported studies:  
[careregistry.ucsf.edu/care-supported-studies](https://careregistry.ucsf.edu/care-supported-studies)

## Learn More

✉ [careregistry@ucsf.edu](mailto:careregistry@ucsf.edu)

☎ (669) 256-2609

🌐 [careregistry.ucsf.edu](https://careregistry.ucsf.edu)

[tiny.ucsf.edu/enrollCARE](https://tiny.ucsf.edu/enrollCARE)

