CARE's & COMPASS' Statement on Anti-Asian Hate & Resources for our Communities

The recent tragedies on American soil affecting Asian Americans have once again brought to light the horrible consequences of racism, misogyny, and hatred. The anti-Asian hate is real, perpetual, and heartbreaking. We found that 60% of AAPI experienced discrimination in the past 6 months and 59% believed that the country has become more dangerous for their ethnic group. These data emphasize that there's much work needed to be done for AAPI to feel safe, heard, and supported.

It is more important than ever to be united in causes to combat anti-Asian hate, to support one another, and not be silent in our pain. There are many ways to help combat anti-Asian hate. One of these ways is to help ensure that our voices and experiences are being heard through participation in research. One such project aims to meaningfully include Asian Americans and Pacific Islanders (AAPI) in health-related research and is called- Collaborative Approach for Research and Education (CARE). In partnership with many community and academic partners, CARE created a registry where AAPI have indicated their willingness to be contacted about potential research opportunities, which in turn, will help address the disparity of AAPI in research. CARE has recruited more than 2,900 AAPI so far in the registry. Please consider enrolling and sharing about CARE (https://careregistry.ucsf.edu/).

CARE & COMPASS would also like to share some helpful resources as well as actions for our communities:

- Support and champion the reporting of anti- AAPI hate incidences: https://stopaapihate.org/
- Donate to AAPI organizations that are creating community-based solutions
- Support local AAPI businesses

On behalf of CARE and COMPASS, we hope that our efforts will help to inform programs, strategies, and research that will not only reduce racism, discrimination, and xenophobia among AAPI, but health inequities broadly.

For more information about CARE, please visit, https://careregistry.ucsf.edu/.

For more information about COMPASS, please visit, https://compass.ucsf.edu/.

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